

Bench Press

EC Classic Champs

19 October
2024

AGE GROUP	DEV	DIV	NAME & SURNAME	BODY WEIGHT	BENCH PRESS					TOTAL (kg)	IPF GL Pts.	POSITION	INCENTIVE BADGE	
					1st	2nd	3rd							
WOMEN BENCH PRESS														
Sub-Junior		63	Jana Fox	61.80	52.5	+	55.0	+	57.5	-	55.0	46.40	First	Green
Sub-Junior		69	Stephene Loubser	67.60	60.0	+	65.0	+	67.5	-	65.0	52.32	First	Blue
Sub-Junior		69	Christi Minnie	67.40	40.0	+	45.0	-	45.0	+	45.0	36.27	Second	White
Sub-Junior		84+	Abigaill Doyle	89.70	55.0	+	57.5	+	60.0	+	60.0	44.11	First	Yellow
Sub-Junior		84+	Clarissa Gallant	88.50	47.5	+	50.0	+	52.5	+	52.5	38.71	Second	White
Junior		69	Chante Mulder	68.70	62.5	+	65.0	+	67.5	-	65.0	51.93	First	Blue
Open		84+	Ilze-Mari Maritz	85.00	65.0	+	-	-	-	-	65.0	48.35	First	Orange
Master 2		52	Elisabeth Barry	51.40	35.0	+	37.5	-	-	-	35.0	33.86	First	White
MEN BENCH PRESS														
Sub-Junior		66	Alan de Beer	64.6	70.0	+	75.0	+	80.0	+	80.0	45.91	First	Orange
Sub-Junior		66	Dillon Small	66	47.5	-	50.0	+	55.0	+	55.0	31.20	Second	White
Sub-Junior		74	Leon Naidoo	69.4	90.0	+	95.0	+	102.5	+	102.5	56.57	First	Green
Sub-Junior		74	Ferdé Botha	67.2	90.0	+	95.0	+	100.0	+	100.0	56.17	Second	Green
Sub-Junior		74	Micah Naidoo	73.7	90.0	+	97.5	+	100.0	+	100.0	53.45	Third	Green
Sub-Junior		74	Henre van der Berg	71.3	82.5	+	85.0	+	90.0	+	90.0	48.96	Fourth	Orange
Junior		74	Henre van der Berg	71.3	82.5	+	85.0	+	90.0	+	90.0	48.96	First	Orange
Junior		83	Daniel Diedericks	82.6	115.0	+	125.0	+	132.5	+	132.5	66.72	First	Brown
Junior		83	Vincent Davies	77.6	90.0	+	100.0	+	105.0	+	105.0	54.61	Second	Orange
Junior		93	Stian Landman	93	95.0	+	100.0	+	102.5	-	100.0	47.44	First	Yellow
Master 1		93	Riaan Minnie	87.7	97.5	+	107.5	+	110.0	+	110.0	53.73	First	Orange
Master 3		93	Clive Geldenhuys	84.70	60.0	+	65.0	+	67.5	+	67.5	33.56	First	White
Master 3		105	André Ludik	104.90	77.5	+	85.0	+	-	-	85.0	38.08	First	White
Master 3	Guest	93	Tommie De Nysschen	85.60	132.5	+	140.0	+	150.0	-	140.0	69.22	First	Brown